

DOW UNIVERSITY OF HEALTH SCIENCES, KARACHI



SUSTAINABILITY REPORT Year 2022-2023



DOW UNIVERSITY
OF HEALTH SCIENCES



DUHS

3 GOOD HEALTH
AND WELL-BEING



THE GLOBAL GOALS

SDG-3 GOOD HEALTH AND WELL-BEING



Ensure healthy lives and promote well-being for all at all ages

GOOD HEALTH & WELL BEING - SDG 03

➤ Global and National Collaborations:

The Dow University of Health Sciences collaborated with different organizations / bodies at local, national and international levels to improve health and wellbeing.

At Global level, DUHS has developed a WHO collaborating Centre at Ojha Institute of Chest

Diseases (OICD)-DUHS for Tuberculosis (TB) Research.

Also, DUHS has acquired United Nation Academic Impact (UNAI) Membership Citation in April 2020, and as a member, values it's commitment to its 10 principles, which include:

1. Commitment to the United Nations Charter,
2. Human Rights,
3. Educational opportunity for all,
4. Sustainability,
5. Capacity-building in higher education systems,
6. Global citizenship,
7. Peace and conflict resolution,
8. Addressing poverty,
9. Higher Education opportunity for every interested individual
10. The “unlearning” of intolerance



Community Outreach Programs:

➤ Department of Community Medicine, Dow Medical College (DMC)

The Department of Community Medicine, DMC organized various outreach and awareness sessions for the community. Below is the event calendar hosted by the Community Medicine Department during 2022-2023.

➤ **Community Medicine Department, Dow Medical College Community Outreach and Awareness programs**

S. No	Event/ Course	Date	Venue	Facilitator/s
1.	Green Youth Movement with captain	August 2022	Arag Auditorium	Dr. Ashraf Jahangeer
2.	Flood Relief camp Pakistan Peads Association	28th Aug 2022	At District Dadu	Dr. Khalid Shafi
3.	Medical Camp for Rain affected area of District Dadu DUHS team	Sunday 28, Aug 2022	At District Dadu	Dr. Khalid Shafi
4.	National Oxygen Therapy Guidelines for Children	30th Aug 2022	Interview at Jung new paper	Dr. Khalid Shafi
5.	Pediatrics covid-19 vaccination campaign Awareness session	31 Aug 2022	Pediatric unit-I Civil Hospital, Karachi	Dr. Khalid Shafi , Dr. Hasina Maham, Dr.Gati Ara
6.	WHO Technical Advisory Group Meeting on polio Education in Pakistan	5 Oct 2022	At Muscat	Dr. Khalid Shafi
7.	26th Biennial International Pediatric Conference Organizer 2 papers presented Chaired 3 sessions	28 Oct 2022	PC Hotel Islamabad	Dr. Khalid Shafi
8.	World Polio Day	26 th Oct 2022	On Freedom News Social Media	Dr. Khalid Shafi
9.	Meeting with Health Minister of Afghanistan Mulla Ishaq regarding collaboration efforts for olio education.	30 th Oct 2022	At Muscat Oman	Dr. Khalid Shafi
10.	National Oxygen Therapy Guidelines for Children Master Trainer workshop for Sindh	19 th & 20 th Dec, 2022	Academic block PDC 4 th floor DMC.	Prof. Nighat Nisar, Dr. Khalid Shafi, Dr. Hasina Maham
11.	2 nd Master Oxygen Therapy Training	26 th Feb 2023	At Karachi School of Business	Dr. Khalid Shafi
12.	3 rd Master training oxygen Therapy	27 th Feb 2023	Academic block PDC 4 th floor DMC.	Dr.Khalid Shafi Dr S.M. Ashraf Jahangeer

13.	Training Workshop Oxygen Therapy	1 to 2 March 2023	Academic block PDC 4 th floor DMC.	Dr. Khalid Shafi
14.	Field Visit with first year MBBS student	21 st March,2023	Rabies Vaccine Center , Public Health School , EPI Center, Family Planning Center Dr. Ruth K Pfau Civil Hospital, Karachi.	Dr Khalid Shafi, Dr. S.M Ashraf Jahangeer Shafi, Dr.Gati Ara, Dr. Hasina Maham
15.	World Immunization week Awareness session	2 April 2023	Sindh Govt Infectious disease hospital	Dr. Khalid Shafi
16.	The leading Role of DUHS for promotion of Health status of people Pakistan Session with WHO Country Chief	7 th April,2023	Academic block PDC 4 th floor DMC.	Prof. Nighat Nisar, Dr. Khalid Shafi, Dr. Ashraf Jahangeer, Dr. Hasina Maham, Dr.Gati Ara
17.	Launching of LHW strategic plan 2028 ,Meeting With Abdulla A Fadil UNICEF Country Head for Pakistan and Prem Bahudur Chand CFO UNICEF,	10 th April, 2023	PC Hotel Karachi	Dr. Khalid Shafi
18.	Field Visit with 4 th year MBBS Students. Waste Disposal (safety measures for solid and liquid domestic industrial and Hospital waste	11 th April,2023	At Ruth K PFAU Civil Hospital Karachi.	Dr. Khalid Shafi, Dr. S.M Ashraf Jahangeer Shafi, Dr.Gati Ara, Dr. Hasina Maham
19.	Meeting with WHO for supporting vaccination program and Surveillance	4 May 2023	At Department of CHS, DMC	Dr. Khalid Shafi
20.	Oxygen Therapy Training workshop	24 May 2023	Kharadar General Hospital	Dr. Khalid Shafi
21.	Meeting Of Technical Working Group for Newborn Survival Strategy dated	16th May 2023	At Ministry of National Health Islamabad	Dr. Khalid Shafi
22.	WHO Technical Advisory Group for Polio Eradication meeting	31st May to 4 th June 2023	At Doha Qatar	Dr. Khalid Shafi

➤ Paeds Unit III-DMC & Civil Hospital Karachi- Outreach Activities and Awareness Programs

S. No	Faculty Members	Building Communities	Date
01	Prof. Muzamil Shabana Ejaz	Oncology awareness walk at Arag	14 th February, 2023
	Professor	World Health Day Activity Walk at Arag DMC	7 th April, 2023
		World Immunization week 24-30 April, 2023 A Big Catch up walk	3 rd May, 2023
02	Dr. Waseem Jamalvi Assistant	Counseling of Mother Breast Feeding at OPD Dr. Ruth K. M Pfau Civil Hospital Karachi	2 nd August, 2022
	Professor	World Breastfeeding week at Paeds Unit II CHK	2 nd August, 2022
		Importance of Mother Milk at Paeds Unit I CHK	4 th August, 2022
		World Breast Feeding Walk at CHK	5 th August, 2022
		Flood Relief Activities	26 th August, 2022
		Flood Relief Activities	27 th August, 2022
		Flood Relief Medical Camp at Dadu	28 th August, 2022
		Flood Relief Field Visit at Dadu	28 th August, 2022
		Flood Relief Medical Camp at Dadu	28 th August, 2022
		Inaugural Ceremony of Oxygen Therapy with UNICEF	30 th August, 2022
		World Children Day celebration	20 th November, 2022
		Awareness of Childhood Asthma and Management at Arena	21 st December, 2022
		TV Show at ARY NEWS on Update and Management of XDR Typhoid	5 th May, 2023
		TV Show at DOWN NEWS on Update and Management of XDR Typhoid	
		Oncology awareness walk at Arag	14 th February, 2023
		World Health Day Activity Walk at Arag DMC	7 th April, 2023
World Immunization week 24-30 April, 2023 A Big Catch up walk	3 rd May, 2023		
03	Dr. Ayesha Saleem Assistant	Oncology awareness walk at Arag	14 th February, 2023
	Professor	World Health Day Activity Walk at Arag DMC	7 th April, 2023
		World Immunization week 24-30 April, 2023 A Big Catch up walk	3 rd May, 2023
04	Dr. Hafiza Sania Senior	Oncology awareness walk at Arag	14 th February, 2023
	Registrar	World Health Day Activity Walk at Arag DMC	7 th April, 2023
		World Immunization week 24-30 April, 2023 A Big Catch up walk	3 rd May, 2023

➤ Evidence of Outreach & Awareness Sessions



World Heart Day

Department of Cardiology-DMC celebrated World Heart Day 2023 on 29th September, 2022 at SEHWAN Sharif with flood victims. The team set a medical Camp, provide goods and services, and conduct a seminar for public awareness about Cardiovascular Diseases.





Department of Community Medicine, Dow International Medical College (DIMC)

The department of Community Medicine has been involved in various community based activities along with DIMC students in coordination with several local NGOs.

S #	Activity	Date
1.	Blood Donation Day Drive	14-16 June, 2023
2.	Awareness Seminar at Beaconhouse Systems College in Gulshan, Karachi	22 nd October, 2022
3.	Visit of DIMC by Matric students from Habib Boys Public School, Karachi	December, 2022
4.	Breast Cancer Awareness Campaign	12 th October, 2022

➤ Evidence of activities at DIMC



DPCA **DOW** **CARE**

Your blood, their lifeline: donate today and make a difference!

WORLD BLOOD DONOR DAY

DOW ANNUAL BLOOD DRIVE

JUST BRING YOURSELF AND A SMILE!

Regional Blood Center,
Dow University of Health Sciences, Ojha

14-16 June 2023 | 09:00AM - 03:00PM

Visit [@dpcagram](#) to register!

Sponsored by **Roche**

Department of Community Dentistry, Dow International Dental College (DIDC)

The Department of Community Dentistry, DIDC arranged free dental screening and oral hygiene awareness camps to provide quality health services for the benefit of General public. The details of community based projects done by the Department of Community Dentistry, DIDC are provided below.

➤ List of Community projects of DIDC

S #	Project Name	Date	Project Area / Location
1.	Society for the Rehabilitation of Special Children (SRSC)	31 st January, 2023	Numaish, Karachi
2.	Dental Camp at DIDC- Hospital Chanesar Campus	15 Feb - 15 Mar, 2023	Chanesar Goth, Karachi

➤ Evidence of Community Outreach programs of DIDC



➤ List of Awareness Programs at DUHS

S. #	Event/ Course	Date	Venue	Organized by/Facilitator/s
1.	CME Session on 'Basic Ilizarov Technique'	26 th Jun, 2023	PDC, DMC	Department of Orthopedic Surgery, DMC in collaboration with Pakistan Orthopedic Association
2.	CME Session on 'Hypertension- A Silently Growing Epidemic, How to Kill the Silent Killer'	14 th Jun, 2023	PDC, DMC	Dow Institute of Cardiology, OJHA
3.	1st Endoscopic Ear Surgery Symposium 'Pearls and Tips of Endoscopic Ear Surgery'	29 th May, 2023	Arag Auditorium, DMC	Department of ENT- Head & Neck Surgery, DMC
4.	Seminar on Rabies Awareness "Newer Developments in Rabies Control & Management in Pakistan"	27 th May, 2023	DCOP, OJHA Campus	Dr. Talat Roome Director Dow Institute for Advanced Biological & Animal Research
5.	Live Session on 'World Family Doctor Day'	19 th May, 2023	Atta ur Rehman Hall, DMC	Department of Family Medicine
6.	Live Webinar on 'Drug safety in clinical trials - Pharmacovigilance'	15 th Mar, 2023	--	Institute of Biological, Biochemical & Pharmaceutical Sciences

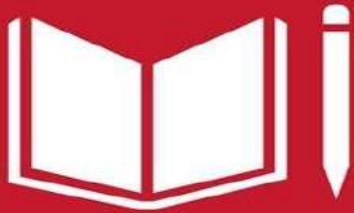
7.	CME Session On “Current Management of Hepatitis B & C”	14 th Mar, 2023	Muin Auditorium DMC Campus	Professional Development Centre, DMC
8.	Cadaver Dissection Workshop on Rhinoplasty	13 th Mar, 2023	ARAG Auditorium DMC Campus Bilquis Edhi Hospital	Department of ENT- Head & Neck Surgery, DMC
9.	Health Informatics Workshop	13 th Mar, 2023	DCOP, OJHA Campus	Dr. Izhar Hasan Rutgers University Prof. Mushtaq Hussain DUHS
10.	Cadaver Dissection Workshop on Basic Fess (Hands-On)	8 th Mar, 2023	AQ Khan Auditorium OJHA Campus	Department of ENT- Head & Neck Surgery, DIMC
11.	Symposium on World COPD Day	23 rd Nov, 2022	DUH, OJHA Campus	Dept. of Pulmonology, DUH, DUHS
12.	Interactive Seminar on Hormonal Health Concerns	5 th Nov, 2022	DCOP, OJHA Campus	Dept. of Pharmacy Practice Dow College of Pharmacy
13.	Mental Health Capacity Building	26 th Oct, 2022	Arena Karsaz	Office of Research Innovation and Commercialization
14.	World Contraception Day	28 th -29 th Sep, 2022	NIDE, OJHA Campus	Chief Organizer Prof. Dr. Jahan Ara Hasan Green star Social marketing Pakistan & SOGP

Smoke-free Campus

Dow University of Health Sciences has the Policy for Tobacco & Smoke Free Environment at DUHS which was created on April 11, 2020 and publicly available on DUHS website. The department of Community Medicine, Dow Medical College - DUHS organized an awareness session for all the staff and students on Smoking and Tobacco Control & Cessation, to encourage a smoke free environment. Moreover, The Marketing department of DUHS organized an anti-smoking team visit by Commissioner Karachi & WHO Representative on 16th June, 2022, in which DUHS was declared as Pakistan First Smoke-Free University.



4 QUALITY EDUCATION



SDG-4 QUALITY EDUCATION



Providing outstanding patient centered education, training and clinical care informed by cutting edge research and innovation generating and disseminating new knowledge.

QUALITY EDUCATION – SDG 04

➤ Educational Activities

S #	Event/Course	Date	Hosted By
1.	Lecture on Zoonosis-Evolution and Transmission by Director General of Sindh Institute of Animal Health	14 th June, 2023	Dow College of Biotechnology
2.	Symposium on ‘Simulation in Healthcare Education’	24 th May, 2023	Professional Development Centre, DIMC
3.	Live Webinar on ‘Analytical part of Bioequivalence Study’	22 nd May, 2023	Institute of Biological, Biochemical & Pharmaceutical Sciences
4.	Workshop on ‘How to care & maintain surgical instruments, power system and containers	20 th May, 2023	Department of Neurosurgery in collaboration with Operation Theatre Management
5.	Session on ‘Quality in Healthcare’	17 th May, 2023	Surgical Unit 1, DUH
6.	Live Webinar on ‘Analytical Method Validation’	19 th Apr, 2023	Institute of Biological, Biochemical & Pharmaceutical Sciences
7.	Session on Islamic Banking by Meezan Bank	21 st Mar, 2023	The Prime Minister's Youth Development Centre-DUHS
8.	Awareness Session on Intellectual Property Rights	15 th Mar, 2023	Business Incubation Centre, DUHS
9.	Critical Care Course	March, 2023	Nursing Service Department, DUH
10.	Workshop on ‘Trends and Issues In Nursing Education’	17 th & 18 th Feb, 2023	Dow Institute of Nursing & Midwifery

11.	Impact of Communication on Employee Engagement	11 th Feb, 2023	Dow Skill Development Centre (DSDC) in collaboration with Marketing Department DUHS
12.	International Symposium 2023 on Bridging the Gap Between Foundational Education & Health Sciences	17 th & 18 th Mar, 2023	Dow Institute of Health Professionals Education
13.	The Secrets of Radiology for the Head and Neck	21 st Jan, 2023	ENT Head & Neck Surgery Department, CHK, DMC
14.	RescuED, Resuscitation of Critical & Unstable Patients in Emergency Department	14 th Jan, 2023	Department of Emergency Medicine
15.	Webinar on 'The Health Informatics Landscape of Pakistan'	9 th Jan, 2023	Institute of Business & Health Management
16.	Soft Skills Training on 'Effective Communication for Patient/Customer Service Excellence'	10 th Dec, 17 th Dec, 24 th Dec, 2022	Dow University Hospital in collaboration with Pakistan Institute of Management
17.	Soft Skills Training on 'Patient/Customer Services Excellence'	19 th Nov, 26 th Nov, 3 rd Dec, 2022	Dow University Hospital in collaboration with Pakistan Institute of Management
18.	CME Lecture on 'Proposal Writing & Publication Opportunities'	8 th Nov, 2022	Dow Institute of Nursing & Midwifery
19.	Pre conference Workshop on Aligning Learning Objectives with Instructions and Assessment.	2 nd Nov, 2022	DIHPE International Conference on Health Professionals Education
20.	Guest Speaker Session on 'Effective Advertising'	1 st Oct, 2023	Institute of Business & Health Management
21.	An Interactive Talk by Pharmacy Practitioners on Advanced Pharmacy Practices in US by Syed Naeem ur Rehman	19 th Sep, 2022	Faculty of Pharmaceutical Sciences, DCOP

Executive Training or Vocational Training Programs

DUHS provides a platform for health care professionals by signing an agreement with Pakistan Institute of Quality. An executive education program which is Certified Healthcare Quality Professionals, and is open to all, not just those from the University. This program equips professionals to be certified as a Healthcare quality professional and the 4 months course provides lectures and interactive discussion sessions, each semester, open specifically to personnel working in health services or healthcare management.

Moreover, Dow University of Health Sciences has a separate department for training with the name of Dow Skills Development Centre (DSDC). It is registered/ affiliated with Sindh Board of Technical Education Karachi and National Vocational & Technical Training Commission (NAVTTTC), and conducts Professional Computer Courses as well as regular vocational training for faculty/ staff. The program particularly focuses on key technical skill areas identified as the most crucial for Health Care Professionals at DUHS to improve the level of services DUHS is providing to the nation. However, there are specialized textile sector courses for girls in a safe & secure environment.

➤ Vocational training/courses offered by DSDC during the period 2022-2023

1.	Name of Training/Course	Date	No. of Participants
2.	Certificate Information System Morning	4 June, 2022 to 2 July 2022	64
3.	Microsoft Office	18 June 2022 to 30 Sep 2022	23
4.	Certificate Information System Morning	5 Sep 2022 to 4 Jan 2023	83
5.	Digital and Social Media Marketing	3 Jan 2023 to 26 Jan 2023	08
6.	Diploma in Information System	11 Jan 2023 to 10 March 23	56
7.	Graphic Design with School Of Animations	7 Feb 2023 to 20 Feb 2023	08

8.	Certificate Information System Morning	1 March 2023 to 15 May 2023	35
9.	Stitching and Cutting	16 March 2023 to 15 May 2023	15
10.	IELTS Preparatory Classes	8 April 2023 to 8 May 2023	14
11.	Graphic Design with School of Animations	22 March 2023 to 21 June 2023	04
12.	Certificate Information System	1 June 2023 to 21 June 2023	60
13.	Infection Control	21 June 2022 to 28 June 2022	23
14.	Digital Literacy	16 May 2022 to 28 July 2022	32
15.	Digital Literacy	24 May 2023 to 27 July 2022	33
16.	Patient Care/Service Excellence By PIMS	19 Nov 2023 to 24 Dec 22	179
17.	Service Excellence By PSTD Part 1	25 Feb 2023 to 18 March 2023	173
18.	Service Excellence By PSTD Part 2	6 May 2023 to 10 June 2023	155
Total			965

➤ **Executive Training, Workshop & Online Training Programs**

THE DSDC FREELANCE TRACK

VIDEO ANIMATION AND PRODUCTION FOR SOCIAL MEDIA

Learn the latest tricks and trends from a professional freelancer over 7 years' of experience


YOUR PATHWAY TO INCOME GENERATION

4:00PM TO 6:00PM
6:15PM TO 8:15PM

BHM Computer Lab,
4th Floor Institute of Nursing Building
Dow University of Health Sciences
QJHA Campus, Sagaroo RD, Karachi

Registrations Open 21st-30th November 2022

Go to <https://bit.ly/DSDC-FLT-Registration> to register now.



DOW UNIVERSITY OF HEALTH SCIENCES

DIGITAL MEDIA MARKETING FOR SOCIAL MEDIA

LEARN THE LATEST TRICKS AND TRENDS FROM A PROFESSIONAL FREELANCER OVER 7 YEARS' OF EXPERIENCE

REGISTRATIONS OPEN
21 - 30 NOVEMBER 2022


4:00PM TO 6:00PM
6:15PM TO 8:15PM

BHM Computer Lab,
4th Floor Institute of Nursing Building
Dow University of Health Sciences
QJHA Campus, Sagaroo RD, Karachi

YOUR PATHWAY TO INCOME GENERATION

Go to <https://bit.ly/DSDC-DMT-Registration> to register now.

THE DSDC FREELANCE TRACK



DOW UNIVERSITY OF HEALTH SCIENCES

6 Months

CERTIFICATE IN INFORMATION TECHNOLOGY

Learn the latest technologies and industry trends.
Prepare for a rewarding career in the fast-growing IT field.
Hand-On Experimental learning at highly subsidized and affordable rate

Admissions are open
Classes will start from 13th March 2023
Timings: 11:00 a.m. to 1:00 p.m.
Days: Mon, Wed & Thu

Dow Skill Development Centre
dsdc@duhs.edu.pk
0319-366-DSDC (3732)



DOW SKILL DEVELOPMENT CENTRE
DOW UNIVERSITY OF HEALTH SCIENCES

Telts 2 MONTHS

PREPARATORY COURSE

with ZARISH KHAN
British Council Award Winning Trainer

MON, WED, FRI
4:00 PM TO 6:00 PM

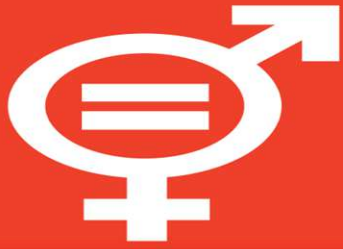
REGISTER NOW

Online & On-campus
Blended Classes starting
MAY 2023



5

**GENDER
EQUALITY**



'EQUALIZING THE DIFFERENCE'



STOP GENDER DISCRIMINATION!

SDG-5 GENDER QUALITY



Achieve Gender Quality and Empower All Women and Girls

GENDER EQUALITY - SDG-05

The Dow University of Health Sciences practices equal access to resources and opportunities, regardless of gender, including employment, admission and decision-making.

Women Applications and Entry

The scope of non-discrimination with regards to gender on admission of students is covered in the DUHS Act 2004 (policy document of the University) which states in Clause No. 5.1 Under Section that the University is Open to All,

“The University shall be open to all persons of either sex of whatever religion, race, creed, color who are academically qualified for admissions to the courses of study offered by the university and no such persona shall be denied to the privilege on the ground of only sex, religion, creed, race, class, color”.

Furthermore, DUHS demonstrates equal employment opportunity without any discrimination to genders and encourages a participative work culture of equality and professionalism in all the endeavors at DUHS. These aspects include, hiring, learning, development, performance enhancement etc.

Women’s Access Schemes

Institute of Business and Health Management, DUHS organized a “Women’s Self-Defense Workshop” on 28th October, 2023 in collaboration with the Pakistan Martial Arts Association (PMAA). It is the combined effort of the Community Service and Sustainability Society (CSSS) IBHM, Green Youth Movement (GYM) Club, and Sports Directorate DUHS



As part of the awareness campaign “Pinktober-2022”, this self- defense workshop also symbolizes the mental fight that every female patient goes through. As part of the Green Youth Movement Club of Dow University Health Sciences drive, the plantation activity was also held outside the gymnasium.

Maternity Policy

At DUHS, the maternity policy is in place from 2007 as mentioned in the Statutes of DUHS, Maternity Leave Clause No. 11 of the Section, Leaves Statues of DOW University Statues 2007, which are translations of the Act (policy document for every university). However, the formal policy was created in 2019. As a semi-autonomous organization, we follow all Sindh government rules and regulations, which has granted paternity leave to employees as allowed through the Gazette of Pakistan 2019.

Childcare facilities for students, staff and faculty

Dow University of Health Sciences has Dow Day Care Center which offers a subsidized day care facility to the students, staff and faculty which allow them to continue their studies and ensure work compliance of all the employees. The Day Care provides child care services to infants of age 3 months to 5 years. It maintains a good hygienic environment by following standard child care practices under supervision of trained professionals. It also promotes early childhood development by providing facilities and engaging children in physical and interesting age-appropriate learning activities, day celebrations and by providing best hygiene, furniture equipment, and meal, snack time, play time & sleeping time. The details can be found at provided web links of Day Care Centers at both campuses of DUHS.



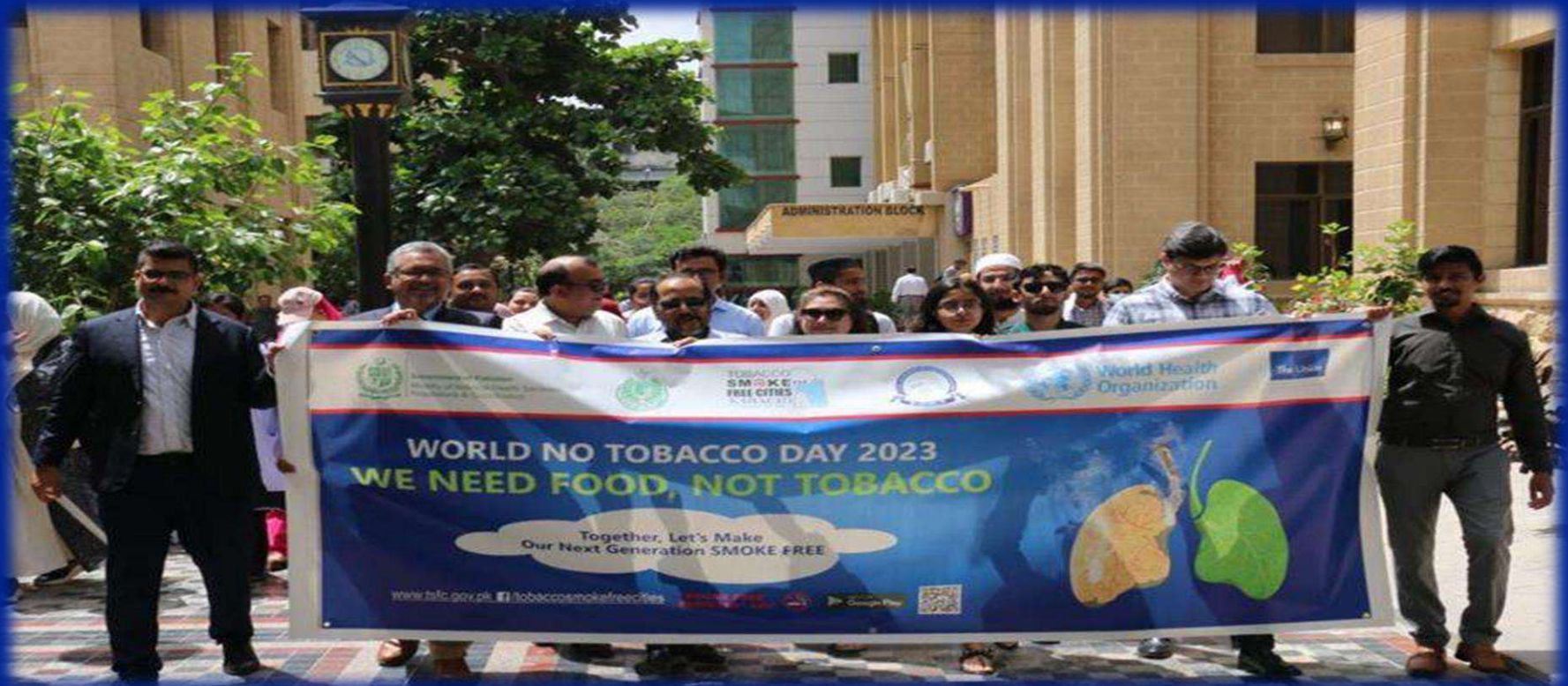
Protection against Discrimination

DUHS has formal policy in place for the protection against discrimination, for instance Policy for Grievance of Students & Policy for Grievances of Employee. Besides the formal policy for the said purpose, we also have various forums/ mechanisms in place which deal with and allow reporting of cases regarding such discriminations. "Dow Connect" (<http://dc.duhs.edu.pk/>) is the confidential e-portal for registering complaints/requests of faculty, staff & students regarding discrimination from educational or employment disadvantage. The students can also register their educational matters/complaints to the Academic Committee of DUHS, which meets as and when required and furnishes its recommendations/suggestions to the competent authority for approval. Also, the faculty and staff can put up their concerns in the "Grievance Committee", which resolves the cases accordingly.

17 PARTNERSHIPS
FOR THE GOALS



SDG-17 PARTNERSHIP FOR THE GOALS



**Strengthen the means of implementation and revitalize the goal partnership
for sustainable development**

PARTNERSHIP FOR THE GOALS – SDG 17

➤ Collaboration with NGOs to tackle the SDGs

Dow University of Health Sciences has its own student run non-profit, non-political welfare organizations i.e. Pakistan Welfare Association (PWA), Dow Patient Care Association (DPCA), & Serve Our Community Health (SOCH).

PWA was established to help those in need, to remove the despair and unease from the lives of those patients who are struggling with poverty. Some activities by PWA for the year 2022-23 are as follows:

Community Outreach Activities of Patient Welfare Association

S. No	Event/Activity	Date	Venue	Collaboration
1.	Blood Donation Camp at Haseen Habib Trading Pvt Ltd	17 th June, 2023	Haseen Habib Trading Pvt. Ltd.	-----
2.	Blood Donation Camp at Dow Medical College	20 th -21 st June, 2023	DMC	Med Angle
3.	Session on Beyond the Needle	19 th June, 2023	DMC	Volunteer Force Against Hepatitis Transmission
4.	Session on Thalassemia Unveiled	7 th June, 2023	DMC	-----
5.	Thalassemia Walk	7 th May, 2023	Karachi City	Help International Welfare Trust
6.	Awareness Campaign for Common People at Civil Hospital		Dr. Ruth K.M. Pfau Civil Hospital Karachi	-----
7.	Awareness Campaign and Blood Donation Camp at Jinnah Sindh Medical University	18 th March, 2023	Jinnah Sindh Medical University	Patients Helping Hands
8.	Thalassemia and Voluntary Blood donation at The Lyceum School	6 th March, 2023	The Lyceum School	-----
9.	Voluntary Blood Donation Awareness Session at NJV Government High School	26 th February, 2023	NJV Government High School	-----
10.	Voluntary Blood Donation Camp	24 th February, 2023	Visiontech Export International (Pvt)	-----
11.	Awareness & Blood Donation Camp at Emerald Towers	6 th February, 2023	Emerald Towers	-----

12.	Training Session on Biosafety	29th November, 2022	Dr. Ruth K.M. Pfau Civil Hospital Karachi	----
13.	BAKE SALE 2022	27 th October, 2022	DMC	----
14.	World Mental Health Day	10th October, 2022	DMC	----
15.	World Aids Day	10 th September, 2022	Dr. Ruth K.M. Pfau Civil Hospital Karachi	First Response Initiative of Pakistan
16.	Blood Donation Camps	27th August, 2022	City Court Habib School (Hussainabad) Jamaa Masjid- e- Mustafa Abbas Town	----
17.	Awareness Session on Thalassaemia and Blood Donation at Sahar Schooling System, Nazimabad	26 th August, 2022	Sahar Schooling System, Nazimabad	Takhtee
18.	Awareness Session at UIT	2nd July, 2022	Usman Institute of Technology	----

➤ Evidence of Activities of Patients Welfare Association



DPCA, or Dow Patient Care Association, was founded in 2012 and is a resident non-profit, non-political welfare organization that aims to bridge the gap between needy patients and healthcare.

In addition to their focus on addressing patient financial needs, DPCA regularly participates in community awareness initiatives and public health movements to improve the quality of life on OJHA Campus and the surrounding area.

A collaboration of DPCA with the Diabetes and Endocrinology department (Dr. Akhtar Ali Baloch) on OJHA Campus, where a large event was hosted to educate the public of the dangers of untreated diabetes and a march was conducted in support of early diagnosis and management.

- DPCA Blood Drive (June 14th-16, 2023)
Over 130 blood donors were received for blood donation.



Serve Our Community Health (SOCH) is a non-profit, non-governmental welfare organization run by the students of Dow Medical College, and it's working for the betterment of Dr. Ruth Pfau Civil Hospital, Karachi and the promotion of community health. Their aim is to upgrade the infrastructure and maintenance of proper hygiene conditions of Civil Hospital Karachi.

In March 2021, SOCH had the honor of forming a partnership with Koochi Goth Women's Hospital. A 2-day Surgical Camp conducted by Koochi Goth Hospital on the 23rd and 24th of March, 2021. This surgical camp enabled their members to not only observe and learn valuable clinical skills but also allowed them to practice these skills hands-on.



➤ Activities by SOCH for the year 2021-2022

- Summer Drive (August, 2022)
- Ab Mazboot Banega Pakistan (August, 2022)
- Child health awareness at CHK (September 2022)
- Dengue and Malaria awareness campaign at CHK (September 2022)
- Breast Cancer Awareness Campaign at CHK (October 2022)
- Diabetes Awareness Campaign at CHK (November, 2022)
- Winter Drive at CHK (November, 2022)
- Mental Health Awareness (February, 2023)



➤ List of DUHS Events Collaborations with NGOs and other Organizations

S. #	Event/Course	Date	Collaborations with
1.	Session on 'Basic Ilizarov Technique'	26 th Jun, 2023	Pakistan Orthopedic Association
2.	Blood Donation Camp at Dow Medical College	20 th -21 st June, 2023	Med Angle
3.	Session on Beyond the Needle	19 th June, 2023	Volunteer Force Against Hepatitis Transmission
4.	Orientation Session on 'EPI, Immunization Safety, VPDs Surveillance and Awareness on Cholera'	17 th Jun, 2023	WHO EPI Sindh PPA Sindh
5.	Workshop on 'Role of Health Informatics in AMR: Challenges and Future Perspective'	20 th May, 2023	Muhammad Ali Jinnah University
6.	Thalassemia Walk	7 th May, 2023	Help International Welfare Trust
7.	Basic Vascular Surgery Workshop	5 th May, 2023	Civil Hospital Karachi (SMBBIT)
8.	Awareness Campaign and Blood Donation Camp at Jinnah Sindh Medical University	18 th March, 2023	Patients Helping Hands
9.	Workshop on PPH Bundle Approach Management	25 th Feb, 2022	(Association of Mother & Newborn AMAN National Committee for Maternal and Neonatal Health New Beginnings Healthcare Mehfooz Maan SOFG Maternal & Perinatal Healthcare Committee Massachusetts General Hospital SOGP
10.	3 rd Summit for Young ENT Residents	31 st Dec, 2022	Pakistan Society of Otolaryngology Conference Sindh Chapter

Other Measure for sustainability at DUHS

➤ Dedicated Courses That Address Sustainability and the Sustainable Development Goals

Apart from a commitment to meaningful education through all programs around the SDGs across the University, Dow University of Health Sciences also offers dedicated courses (full degrees and electives) that address sustainability and the SDGs. In this regard, Fundamentals of Public Health, Environmental Occupational Health, Reproductive Health & MCH, Community and Preventive Dentistry, Biomechanics and ergonomics, International Relations and Current Affairs, Environmental Sciences, Sociology, Development Economics, Legal & Regulatory Environment for Business and Health Policy Economics etc. are some courses which are offered in BS Nutrition, MS in Public Health, Bachelor of Business Administration, Bachelor of Dental Surgery and Doctor of Physical Therapy.

➤ Facilities for Differently-Abled Persons

At Dow University of Health Sciences, the facilities for differently-abled are characterized by at easy access to buildings, to the rooms, to the toilets, to the recreation areas. It is achieved by accessible environment, i.e. even paths and specially prepared walkways.

